



# SPRING SWIM LESSONS



Join us in the Aquatic Center this Spring for Swim Lessons! Keep your skills sharp from this summer/fall's aquatic activities! Our experienced and qualified instructors will offer 5 different levels; Parent/Tot (ages 6 mo - 3 yrs); Level 1, Level 2, Level 3 and Level 4. (Level classes for ages 4 and up) These levels have been designed to teach young water enthusiasts comfort, safety, skill and efficiency in the water, whether it be at the pool or the open water. (See our website at [www.beltonparks.org](http://www.beltonparks.org) for a complete breakdown of Levels and Pre-requisites.) Classes subject to change based on enrollment.

### MEMBER FEE

#### Levels 1 - 4

Early Bird Fee: \$45 if registered by Thurs prior to session  
Fee: \$55

#### Parent/Tot

Early Bird Fee: \$29 if registered by Thurs prior to session  
Fee: \$39

Please circle days: M/W or T/TH. Please select class based on available times and levels in the white boxes below.

### EVENING SESSIONS:

- \_\_\_ Session 1: March 5 - 29
- \_\_\_ Session 2: April 2 - 27
- \_\_\_ Session 3: April 30 - May 24

MW & T/TH	Level 1 #427011	Level 2 #427012	Level 3 #427013	Level 4 #427014	Parent/ Tot #417010
5:30 p					
6:00 p					
6:30 p					

### NONMEMBER FEE

#### Levels 1 - 4

Early Bird Fee: \$49 if registered by Thurs prior to session  
Fee: \$59

#### Parent/Tot

Early Bird Fee: \$34 if registered by Thurs prior to session  
Fee: \$44

### SATURDAY SESSION:

\_\_\_ Session 1: March 10 - April 28

SAT	Level 1 #427011	Level 2 #427012	Level 3 #427013	Level 4 #427014	Parent/ Tot #417010
9:30 a					
10:00 a					
10:30 a					
11:00 a					
11:30 a					

Participant's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

I, the parent of the above listed child, do hereby agree to release all liability and claims against the Belton Parks and Recreation Dept. and agree to hold harmless any liability against the Belton Parks and Recreation Dept., any sponsoring organization, facility, instructor and any other party involved, due to injuries, accidents, negligence, or any other circumstances arising from participation in this program with respect to any time prior, during and after the activities, including participation in all related events. I understand that my child may be photographed for publicity purposes.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## SKILL LEVELS (PREREQUISITES REQUIRED FOR EACH LEVEL)

**PARENT/TOT:** Ages 6 months thru 3 years. No skill level required. Parent must be in the water with student.

**LEVEL 1:** Must be at least 4 years of age. No skill level is required. Parent is NOT in the water with student.

**LEVEL 2:** Must be at least 4 years of age. Must be able to put face in the water and blow bubbles. Be comfortable floating on front and back with assistance.

**LEVEL 3:** Must be at least 4 years of age. Must be able to float comfortably on front and back **WITHOUT** assistance. Combine arm and leg action. Push off and swim at least 15 feet using a combined arm and leg action unassisted.

**LEVEL 4:** Must be at least 4 years of age. Must be able to swim 25 yards (one length of lap pool) in Freestyle with side breathing and backstroke. And be able to dive head first from the side into the pool comfortably.



### FOR MORE INFORMATION:

High Blue Wellness Center  
16400 N. Mullen Road  
Belton, MO 64012  
816.348.7400  
[www.beltonparks.org](http://www.beltonparks.org)