



MASTERS SWIMMING



The High Blue Wellness Center is proud to introduce High Blue Waves Masters Swimming to our menu of aquatic programs. U.S. Masters Swimming is an organized swim program for adults 18 years and older.

The Masters Swim Program is designed for a lap swimmer or novice tri-athlete looking to increase cardiovascular fitness, stroke efficiency and speed, an experienced lap swimmer or tri-athlete looking for a change in pace in their workouts, or a past competitor looking for a way to get back and stay in competitive shape. (Participants must be able to swim one length of the pool to begin.) As a bonus if you register separately with United States Masters Swimming (www.usms.org) as a member, you may eventually choose to compete in swim meets locally, around the country or around the world with other Masters Swimmers just like yourself! If you have any further questions about our NEW High Blue Waves Masters Swimming program please contact Heather Agozino, our Swimming Coordinator at 816.348.7400 x7419 or heathera@beltonparks.org.

Practice Times: Tuesday and Thursday: 5:30 - 6:30 am
Saturday: 9:00 - 10:00 am

Where: High Blue Wellness Center - Lap Pool

Cost:

Member

- Package A: 8 workouts per month - \$41
- Package B: 1 time day pass - \$8

NonMember

- Package A: 8 workouts per month - \$46
- Package B: 1 time day pass - \$13



Registration begins the first calendar day of each month, but packages may be purchased (unprorated) for the duration of the month. Packages expire on the last calendar day of the month of purchase.

Please fill out and return to the High Blue Wellness Center or mail to: High Blue Wellness Center, 16400 N. Mullen Road, Belton, MO 64012. Activity #: SUMMER - 157020
FALL - 257020
WINTER - 357020
SPRING - 457020

Package: _____ A _____ B

Participant's Name: _____ Date of Birth: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-mail: _____

I do hereby agree to release all liability and claims against the Belton Parks and Recreation Dept. and agree to hold harmless any liability against the Belton Parks and Recreation Dept., any sponsoring organization, facility, instructor and any other party involved, due to injuries, accidents, negligence, or any other circumstances arising from participation in this program with respect to any time prior, during and after the activities, including participation in all related events. I understand that my child may be photographed for publicity purposes.

Participant's Signature: _____ Date: _____