

January Lap Pool Schedule

High Blue Wellness Center's LAP POOL is open

Monday thru Friday, 5:30am-9:00pm

Saturday, 9:00am-7:30pm and Sunday, 11:00am-6:30pm

There is always at least one lap lane open for lap swimmers that will have no other program running in it unless otherwise posted. Please see the listed activities below.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Lap Pool	Lap Pool	Lap Pool	Lap Pool	Lap Pool	Lap Pool
	Boot Camp 5:30-6:30am			BHS PE CLASSES Varied Times 7:30am-2:00pm	
	Deep Water 8:00am-8:55am		Deep Water 8:00am-8:55am		
BHS PE CLASSES Varied times & dates 9:00am-10:30am	BHS PE CLASSES Varied times & dates 9:00am-10:30am	BHS PE CLASSES Varied times & dates 9:00am-10:30am	BHS PE CLASSES Varied times & dates 9:00am-10:30am		
BHS Girls HS Swim Team **See Notes Below	BHS Girls HS Swim Team **See Notes Below				
BHS Girls HS Dive Team **See Notes Below	BHS Girls HS Dive Team **See Notes Below				
BHS Girls HS Swim Team 3:15-5:15pm Entire Pool Reserved Beginning Nov 14th	BHS Girls HS Swim Team 3:15-5:15pm Entire Pool Reserved	BHS Girls HS Swim Team 3:15-5:15pm Entire Pool Reserved	BHS Girls HS Swim Team 3:15-5:15pm Entire Pool Reserved	BHS Girls HS Swim Team 3:15-5:15pm Entire Pool Reserved	
Swim Conditioning 5:15pm-7:30pm 4 Lanes	Swim Conditioning 5:15pm-7:30pm 4 Lanes	Swim Conditioning 5:15pm-7:30pm 4 Lanes	Swim Conditioning 5:15pm-7:30pm 4 Lanes		
			Boot Camp 7:15-8:00pm; 2 lanes		

** The BHS Girls Swim Team will practice January 2nd 3rd from 8-10am; 4 lanes RESERVED **

** BHS Girls Dive Team practice from 10am-12pm; diving board will be closed during this time **